

Virginia Council of Churches
Lenten Reflection Series
4th Week of Lent, March 10, 2024 **Scriptures: Ephesians 2:1-10, Numbers 21:4-9**

In this fourth week of Lent, we continue to prepare to celebrate the resurrection of our Lord, Jesus Christ. During this period of preparation, we are called to reflect on the sacrifices our Lord has made through his death. We remember his promise to save us from sin and his promise of eternal life. As such we are also called, through our personal conviction, to live an even more Christ-like life through our prayers, our alms giving, our fasting, our service to others, and our personal sacrifices.

Ephesians 2:1-10 reminds us that “though we have sinned, it is by grace that we have been saved”.

In our lives we move ahead always facing challenges. As Christians, we know that we are not alone. Christ walks with us in every moment of our lives; if we are fortunate, we also have our families and a faith community sharing this journey we call life. It is life and hope that keep us going. Numbers 21:4-9 reminds us of those that looked upon the snakes. They were bitten, but they lived because they believed.

Therefore, we can move through these dark days of Lent, knowing that there is Light before us, the very Light of Christ. In my own life, I know in my heart that Christ will see and that He will save. I know too, that I must be vigilant and walk in such a way that my life is pleasing to God. Lent is the time of the year that helps me focus on Christ so that I may move ahead in His Light. Poetry helps me. I will share a poem, inspired by a friend, that I keep coming back to, especially during this time of the year.

Am I Worthy, Lord, to receive your Grace?

In this time and in this place
I have but one plea, I need to know,
Am I worthy, Lord, to receive your grace?

The road is long, my burdens not light
Sometimes I stumble as is my plight
I fall short, I miss the mark
I feel that sometimes I am in the dark
Am I worthy, Lord, to receive your grace?

My brother's keeper I fail to be
I sometimes forget to honor thee
My sins are many, both large and small
I forget, my Lord, on you to call
Am I worthy, Lord, to receive your grace?

Though You are God and Lord of all
Sometimes I seem to stumble and fall
I know your law and I know your Son
I know for Him the vict'ry was won
But I fall short and I need to know
Am I worthy, Lord, to receive your grace?

As we draw closer to Holy Week, let us remember Christ's journey, his crucifixion and resurrection. Let us be joyful on Easter morning and shout Hallelujah, for no greater gift have we ever received.



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